

### Feline Activity Selection Chart

Before planning your enrichment program, use the MAKE A PLAN process on the shelterhealthpro website. The cat must be assessed for personality to determine what types of enrichment, activities, or games will benefit the individual cat. (See the assessment sheet on Feline-ality).

**Enrichment is:**

- An ongoing process, not a single object or event
- Only enriching if the animal chooses to interact with it or is affected positively by it
- Specific to the cat based on its assessment (See Animal Assessment).

**A daily enrichment schedule includes all opportunities for enriching the animal's life.**

It incorporates a combination of sensory, physical, environmental, cognitive and social activities.

Activity	Frequency	Type of Stimulation	Especially Good For:	Personnel Required	Notes
<b>Cat Cabin for hiding and perching</b>	Daily	Stress reduction/Tactile	All cats, but absolutely necessary for scared, fearful cats.	Staff and Volunteers	Hide and Perch box placed, or other item to provide hiding and perching (ie. Small plastic step stool covered with a towel, or cat carrier with door removed.
<b>Classical Music</b>	Daily	Auditory	Nervous, scared cats, pregnant and nursing moms	Staff and Volunteers	Bird song CDs are also good; check out used CD stores for inexpensive choices;

					vary when music is played
<b>A Different Scent</b>	Daily	Olfactory	Scared, shy cats	Staff and Volunteers	Feliway: spray in room or on Hide and Perch box or bedding (can also use scented oils for variety)
<b>Rotation of "Self Entertaining" toys</b>	Daily	Cognitive/ Physical/Tactile	All Cats	Staff and Volunteers	An assortment of balls, stuffed toys, and noise makers with various types rotated regularly
<b>Clicker for Cats</b>	Daily	Cognitive/Social/ Stress reduction	All Cats, but especially beneficial for shy cats	Staff and Volunteers	Clicker, popsicle stick, piece of wooden dowel, or tongue depressor, high value food reward (tuna or canned food) See Instructions
<b>Interactive</b>	Daily	Cognitive/Physical/	All cats and	Staff and Volunteers	An assortment

<b>Playtime</b>		Tactile/Social	kittens		of fishing poles, feather wands, or retrievable items with people interaction.
<b>The Buddy System</b>	Daily	Cognitive/Social	Cat friendly cats and kittens	Staff Only	This works well for individual kittens housed alone. Placing a needy or lonely cat or kitten in a kennel with another suitable friend. Monitor to ensure the cats stress is lessened and not increased.
<b>Bubbles</b>	Daily	Cognitive/Social	All cats and kittens	Staff and Volunteers	Need non-toxic soap for solution, bubble machine, or hand held bubble maker
<b>Treat Balls/treat toys</b>	Daily	Cognitive/Physical	All cats and kittens	Staff only / need to monitor intake of varied diet.	Treat balls filled with Temptations or dried liver bits or other highly

					desirable cat treats
<b>Hide and Seek Paper Bag</b>	Twice per week	Cognitive/Physical	All cats and kittens	Staff and Volunteers	Large cat size paper bags, with a toy or treat inside to play hide and seek
<b>Hide and Seek Egg Carton</b>	Twice per week	Cognitive/Physical	All cats and kittens	Staff and Volunteers	Empty egg carton or cardboard drink holder. Jingle balls or ping pong balls, desirable treats. Hide the treats under the balls in the egg carton.
<b>Water Game</b>	Twice per week	Cognitive/Physical/Tactile	All cats and kittens	Staff and Volunteers	Shallow container filled with water and a few floating toys (ping pong balls work well)..best done in a play room or communal room
<b>Reading Program</b>	Twice per week	Cognitive/Social	All cats and kittens	Staff and Volunteers	Selection of books or magazines for readers/ read quietly



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					to yourself while sitting in the kennel with the animal
<b>Grooming</b>	Twice per week	Social	All cats and kittens	Staff and Volunteers	Use a variety of combs and brushes.